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Emergency Nurses Week Highlight: Cadira McIntosh

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Cadira McIntosh, RN

Editor's Note: V.I. Consortium has joined with emergency nurses at the Juan F. Luis Hospital to highlight some of these outstanding first responders as part of Emergency Nurses Week (Oct. 10-16), an annual celebration dedicated to those who selflessly devote themselves to their patients. This year's theme is "Grit of Emergency Nurses".

Today, the spotlight is on Cadira McIntosh.

This Emergency Department nurse was born 1 pound, 7 ounces.

Having been in a position where she required special care and attention, having had others fighting for her life and safety, Cadira McIntosh, RN, was motivated to pursue her current career

path – caring for those that depend on others for help.

McIntosh recalls a specific case in which she was entrusted with the trauma rooms and the room for patients with behavioral health issues for the first time.

“There was this sense of dread and worry that had overwhelmed me. I could feel every hair on my body stand up and my heart rate spike. Then, suddenly, as quickly as the sensation came, it went away. I was blessed to have had another sensation take over.”

McIntosh credits her success to those who have supported and mentored her. She looks forward to growing as a nurse as within this field, as there is always something new to learn, and a community of people to meet and care for.