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St. Lucia Reports 100 Percent Recovery from the Coronavirus

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ST. LUCIA — St. Lucia last week reported 100 percent recovery from the coronavirus.

The island's government said Wednesday it had on record 19 cases of COVID-19, and no new cases have been reported since. The last case was diagnosed on June 4. This individual has now recovered fully and has been discharged from hospital, giving the country a 100 percent recovery rate. As such, there are no confirmed cases of COVID-19 currently in care.

Testing results received on June 24 indicated 27 negative test results. A total of 1619 tests have been carried out to date. There are now 306 people in quarantine most of whom are nationals repatriated from cruise ships. All persons in quarantine are doing well to date with no symptoms of COVID-19, the government said.

The Ministry of Health noted the continuous increase of global cases of COVID-19. So although at a national level we have been able to manage this epidemic "We remind everyone of the need to remain cautious and maintain behaviors which will reduce the risk of spreading the virus," the Ministry of Health said.

"Be reminded that in addition to maintaining hand hygiene and cough etiquette alongside the use of mask and maintaining physical distancing requirements, self-care is also a necessary component of our prevention efforts. Through the combination of increased daily consumption of fresh fruits and vegetables, regular physical activity, avoiding harmful products like tobacco and the excessive consumption of alcohol, a stronger immune system is built. By building immune levels there is increased ability to fight off COVID-19 and other infectious diseases," the ministry added.

For people living with chronic conditions these actions are of particular importance and will add great value in preventing further complications with their condition, according to the government.

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