

The Virgin Islands Consortium

Julisha Lansiquot's Book Launch And Signing Event Set For Friday In Sunny Isle

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ST. CROIX -- Julisha Lansiquot, [whose story was detailed in an article on The Consortium](#) in October, telling of her journey from teenage pregnancy, to senior crime scene investigator and now author, will be launching her book revealing the momentous times in her life, which she says is aimed at inspiring others to be their best selves in spite of difficulties they may face.

The launch takes place on Friday in Sunny Isle, at Urban Threadz. The event begins 3:00 p.m. (See flyer [here](#)). There, Ms. Lansiquot will be personally signing copies of the book, titled Mountains High, Valleys Low, and interacting with supporters.

Aside from her success of beating the odds of teenage pregnancy, Ms. Lansiquot discusses her relationship in the book, which she says was in great part about finding God, her true self and becoming a better person.



Julisha Lansiquot displays her book, titled Mountains High,

Valleys Low.

“A lot of times young women like myself, we get ourselves into situations, whether intentionally or not, but we feel like the whole world is against us and that we’re not going to make it. But at the end of the day if you don’t give up on yourself and if you put God first, you are going to make it,” she told us in October; a message the book will convey.

However, Ms. Lansiquot’s biggest inspiration for writing the book was her daughter. She described the difficulty of having a child at 17, and then having to join the Virgin Islands Police Department one year later; a job that sometimes demanded 80-hour work weeks. Ms. Lansiquot was able to press through because of help from family, as well as the child’s father, who at the time played an essential role in helping look after their daughter. And she encouraged teenage mothers to not give up. Instead, she said, they should surround themselves with people who love them and have their best interest at heart.

“Nobody is perfect and I have made a lot of mistakes in my life, which is why I was able to go through these experiences and be where I’m at,” she said. “And while I was able to rely on family, not everybody in the Virgin Islands have parents who are still alive, but if you have friends, don’t be bashful in asking for their help. We all make mistakes and learn from them.”

The book starts off as a love story, Ms. Lansiquot revealed. In the intro, it walks readers through how she had given her all to her then-partner, placing that person before her own needs, “and I ended up getting my heart broken,” she said. “And it was then that I discovered what life was really about.”