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Record-Breaking Weekend for VI Athletes as Swindell, Smith, and Smith Dominate Events

Sofia Swindell set a Penn Relays Winter Showcase facility record, while Michelle Smith broke the VI Under-20 national record in the 400m. Malique Smith also claimed victory at the Legends of Alachua County Invitational.

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USVI Athletes Michelle Smith, Sofia Swindell, Malique Smith.

Virgin Islands athletes were again in fine form this weekend, winning medals and setting records in the process.

In Pennsylvania, Sofia Swindell wowed at the Penn Relays Winter Showcase with a first place finish in the 60m hurdles. Her time of 8.67 was not just a personal record but also a school and

facility record, and puts her at 18th in the United States for that event. She was also a hair's breadth away from the VI Under-20 record for that event, currently held by Michelle Smith.

Michelle, meanwhile, set a new national under-20 record over the weekend, with a time of 53.06 seconds in the 400m race at the Razorback Invitational in Fayetteville, Arkansas.

Michelle's run on Saturday also places her second in the world for the Under-20 category, and 6th fastest in University of Georgia's track and field history.

The UG freshman also ran the second leg of the 4x400 relay on February 1, recording a split time of 52.40 seconds. Her contributions helped bring the relay team over the finish line in a time of 3:27.95, the second fastest time in the NCAA.

Meanwhile, Malique Smith, like Sofia, also recorded a win this weekend, this time at the 2025 Legends of Alachua County Invitational in Gainesville, Florida. He secured first place in the 600m with a time of 1:19.41, less than one second slower than the current VI record.

The three young athletes will look to continue their impressive performances during upcoming meets in the weeks ahead.