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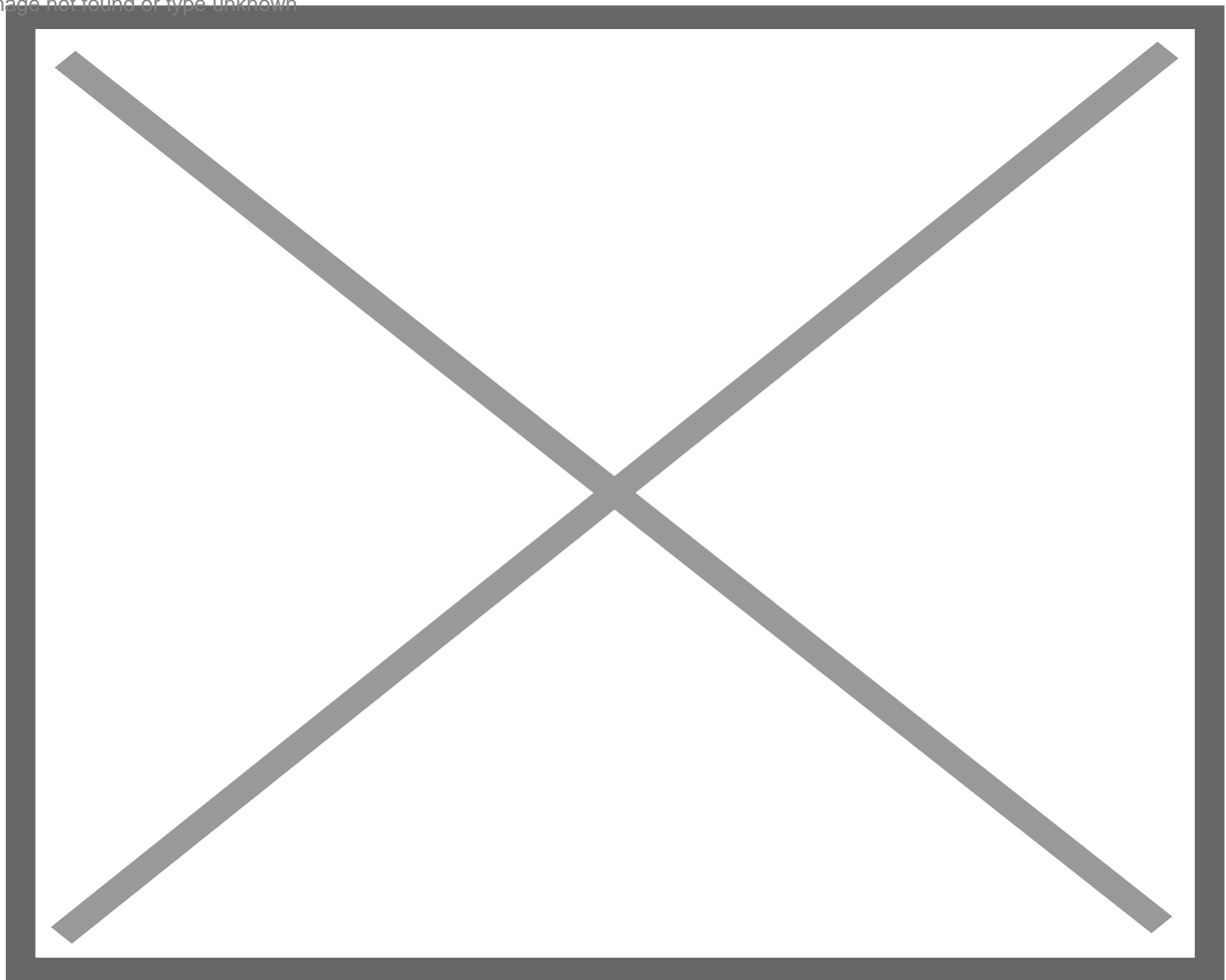
"Project Alpha" Empowers Youth at UVI on St. Croix

Alpha Phi Alpha's Initiative Nurtures Young Leaders in Critical Life Skills

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The Iota Sigma Lambda Chapter of Alpha Phi Alpha Fraternity successfully conducted its annual “Project Alpha” event on Saturday, November 4, at the University of the Virgin Islands on St. Croix.

This significant gathering welcomed 24 young men, aged 12 to 18, from various local schools, engaging them in crucial conversations and interactive activities.

Addressing Key Youth Issues

The aim of “Project Alpha” is to tackle vital topics that young men encounter, such as conflict resolution, teen suicide, and overall health and well-being. The event featured a lineup of local guest speakers, experts in their fields, who imparted valuable insights and shared crucial resources.

Dr. Stefan Jurgen, the Chapter’s educational director, emphasized the fraternity's commitment to youth, stating, "Our goal with Project Alpha is to provide these young men with the knowledge, tools, and support they need to navigate the challenges they may face during their adolescent years."

Frank Abednego, president of Alpha Phi Alpha, Iota Sigma Lambda Chapter, began the event. He thanked the guest speakers and all contributors and expressed appreciation to the attendees and their parents for supporting this national program. The day included viewing the national S.T.A.T.S. video that addresses serious issues of sex and AIDS among teens.

Comprehensive Educational Sessions

The guest speakers covered a wide range of topics, offering practical advice and guidance:

- **Teen Suicide Prevention:** An informative session on recognizing teen suicide signs and providing support and resources for those in need.
- **Conflict Resolution:** Instruction on resolving conflicts peacefully and effectively, fostering healthy relationships and communication.
- **You & the Law:** Discussions about the consequences of negative actions at a young age and their impact on the future.
- **Health and Well-Being:** Emphasis on the importance of maintaining physical and mental health, with tips for a healthy lifestyle and stress management.

A Day of Collaboration and Support

The event was characterized by a collaborative spirit, mentorship, and mutual support, fostering unity among the young participants and contributing to their personal and community development.