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## VI Track and Field Star Michelle Smith Helps Set World Indoor Record

**The Virgin Islands track star and her Montverde Academy teammates shattered the World U20 Indoor Record with a historic time of 3:37.63 in the 4x400m relay at the Virginia Showcase 2024.**

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**From left to right: Adaejah Hodge, Michelle Smith, Alivia Williams, and Skylar Franklin.  
By. VITFF**

Virgin Islands Track and Field Team member Michelle Smith has earned a place in history after her record-breaking performance at the Virginia Showcase 2024, held on January 12 and 13 in Virginia Beach, Virginia.

Competing as part of the Montverde Academy 4x400m relay team, Smith contributed to a first-place finish that shattered a 20-year-old National High School record and set a new World Under-20 (U20) Indoor Record with a time of 3:37.63, according to the Virgin Islands Track and Field Federation.

The previous record of 3:38.91, held by Long Beach Poly High School in California since 2004, was surpassed by the Montverde Academy team's stellar performance. The relay was led off by Adaejah Hodge from the British Virgin Islands with a split of 54.10 seconds. Michelle Smith, running the second leg, clocked an impressive 53.79 seconds, followed by Alivia Williams with 54.75 seconds. Skylar Williams anchored the team, completing the final leg in 55.00 seconds.

Track and field activities continue in the Virgin Islands with the Interscholastic Track and Field Series set to begin on St. Croix on Thursday, January 23. The event will kick off at 4:00 p.m. at the St. Croix Educational Track and Field Facility and will feature middle school and high school athletes. On Friday, January 24, elementary school athletes will take their turn on the track at the same location and time.

The VITFF encourages all local athletes to [register online](#) to participate in upcoming events.